



**Gupteshwor Mahadev Multiple Campus  
Chhorepatan, Pokhara**

**Non-Credit Course Syllabus  
Course Title: Leadership and Teamwork**

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**Course Description:**

This course seeks to develop and strengthen interpersonal leadership and teamwork skills. This will allow students to think more flexibly when solving unexpected problems and to help them reach results on personal and professional levels. In addition, they will learn how to perform well during teamwork and how to understand the specific role of leadership in these tasks. This course will equip aspiring leaders with an understanding of what leadership is and how an individual can develop the skills required to become an effective leader in their organization. The students will learn the difference between leadership and management, the importance of understanding others and building empathy and relationships, gain a better understanding of the different leadership styles and develop leadership skills.

**Learning Outcomes:**

1. Develop and strengthen interpersonal skills (self-esteem and confidence), communication skills (oral and written), leadership skills (decision making and problem solving), and teamwork skills (diversity) so as to enable a more flexible thought process during unforeseen situations and to reach results on personal and professional levels.
2. Understand what leadership means and identify what it comprises.
3. Evaluate different leadership styles and the theories behind them.
4. Examine the relationship between power and leadership and how to influence others.
5. Understand the role of ethics and values in leadership.
6. Develop skills to become a credible leader and organizational steward.

**Course Duration:**

The course duration will 20 hours.

## **General Course Methodology:**

This course includes lectures and workshops, individual and group work, as well as autonomous learning.

## **Brief Course Syllabus:**

### **MODULE 1: WHAT IS LEADERSHIP?**

Focuses on what is meant by leadership and how we have come to identify what it comprises.

### **MODULE 2: LEADERSHIP STYLES**

Examines the history of leadership through exploring leadership theories.

### **MODULE 3: POWER AND LEADERSHIP**

Examines the relationship between power and leadership.

### **MODULE 4: EMOTIONAL INTELLIGENCE (Social Capital)**

Considers the emotional and social intelligence of leadership.

### **MODULE 5: BELIEVING IN SOMETHING**

Focuses on the beliefs and values required to becoming an effective leader.

### **MODULE 6: HONESTY, INTEGRITY AND ETHICS**

Considers leadership morals and values in relation to ethics and integrity.

### **MODULE 7: KNOW THYSELF**

Enables you to explore your own self in relation to becoming an effective leader.

### **MODULE 8: KNOWLEDGE, WISDOM AND INTELLIGENCE**

Considers the critical skills required in building leadership credibility and trust.

### **MODULE 9: DIVERSITY IN LEADERSHIP**

Examines the key leadership skill of managing equity and inclusion within an ever increasingly diverse environment.

### **MODULE 10: THE ROLE OF THE STEWARD**

Considers the role of stewardship in effective leadership.